

Merkado





Menu

Entradas

Pão	1.10€
Azeitonas	1.60€
Manteiga	1.10€
Queijo Seco	5.50€
Moelas	7.50€
Salsicha Toscana (Salsicha frita c. alho e azeite)	8.00€
Gambas à Guilho (Camarão salteado c. alho e azeite)	10.00€
Amêijoia (Amêijoia da Lagoa, azeite, alho e coentros)	15.00€
Berbigão (Berbigão da Lagoa, azeite, alho e coentros)	10.50€
Ovos Desmanchados com Farinheira (Ovos fritos desmanchados c. farinha, cubos de bacon, salsa e coentros)	8.00€

Sopas

Sopa de Peixe	4.50€
Creme de Legumes	4.00€

Saladas

Salada de Frango (Mistura de alfaces e rúcula temperada, frango e tomate seco, croutons e frutos secos)	14.00€
Salada do Chef (Mistura de alfaces e rúcula temperada, camarão flambado, queijo feta, pesto da casa e frutos secos)	16.00€

Kids

Bifinhos de Frango (Bife de frango no prato c. batata frita e arroz branco)	9.50€
Bolonhesa (Massa tagliarini c. carne bovina à bolonhesa)	10.50€

Caril

Caril de Legumes (Caril vermelho tailandês c. legumes salteados, frutas e frutos secos)	16.00€
Caril de Frango (Caril vermelho tailandês c. cubos de frango e tomate seco, arroz branco e frutos secos)	19.00€
Caril de Camarão (Caril vermelho tailandês c. camarão, arroz selvagem e frutos secos)	23.00€

Acompanhamentos

Arroz de Feijão (contém cubos de bacon e linguiça)	3.50€
Dose de Batata	2.50€
Ovo Estrelado	2.00€
Salada Mista	3.50€
Taça de Arroz	4.00€
Taça de Legumes	4.00€

Carnes

Carne Maturada Grelhada (Entrecôte, costeleta ou vazia, cogumelos salteados c. camarão e batata frita)	28.00€
Picanha na Tábua (Picanha grelhada c. arroz de feijão misturado c. bacon e linguiça, frutas e batata frita)	19.00€
Bochechas de Porco (Bochecha de porco guisada, arroz branco, legumes e batata frita)	16.00€
Bitoque à Mercado Lagoa (Bife de vaca, ovo estrelado com queijo, bacon, arroz branco, fiambre e batata frita)	13.00€
Bife à Mercado (Bife da vazia grelhado, camarão, cebola caramelizada e batata frita)	19.00€

Peixe

Arroz Negro do Chef (Camarão salteado c. ananás, mel e nozes, arroz negro c. recheio de queijo gorgonzola)	18.00€
Bacalhau à Presidente (Bacalhau desfiado, envolvido c. molho natas, cenoura gratinada c. broa de milho, Camarão e salada mista)	15.00€
Camarão à Mercado (Camarão c. molho de azeite, alho e coentros, arroz branco e batata frita)	16.00€
Moqueca de Camarão (Moqueca de camarão com molho à base de leite de coco e azeite de dendê e arroz branco)	19.00€
Polvo à Lagareiro com Camarão (Polvo cozido, gratinado no forno, batatas a murro, legumes, camarão, regado alho e azeite)	21.00€
Robalo (Sob consulta) (Grelhado no carvão, legumes e batata cozida)	18.00€
Dourada (Sob consulta) (Grelhado no carvão, legumes e batata cozida)	15.00€

Massas

Linguini Negro à Algarvia (Massa linguine al nero di seppia c. camarão, choquinhos, pesto da casa, coentros e queijo parmesão)	19.00€
Tagliatelle com Molho de Caril (Massa tagliatelle c. natas e caril. <i>Opções: carne ou legumes</i>)	16.00€
Taiadela ao Alho com Cogumelos (Massa tagliatelle ao alho c. cogumelos, salsa fresca e pesto)	16.00€
Tagliatelle Del Capo (Massa tagliatelle c. camarão e molho de limão, natas e queijo ralado)	19.00€
Talharim (Massa tagliarini c. molho branco, frango, cogumelos, bacon, coentros e queijo parmesão)	16.00€

Visite a nossa loja do **AMANHECER** Dona Chefa



Menu

Appetizers

Bread	1.10€
Olives	1.60€
Butter	1.10€
Dry Cheese	5.50€
Gizzards	7.50€
Tuscan Sausage (Fried sausage with garlic and olive oil)	8.00€
Garlic Shrimp (Sautéed shrimp with garlic and olive oil)	10.00€
Clam (Lagoon clam with olive oil, garlic, and coriander)	15.00€
Cockle (Lagoon cockle with olive oil, garlic, and coriander)	10.50€
Scrambled Eggs with "Farinheira" (Scrambled eggs with "farinheira", bacon cubes, parsley, and coriander)	8.00€

Soup

Fish Soup	4.50€
Cream of Vegetables	4.00€

Salads

Chicken Salad (Mixed greens and arugula seasoned, chicken and sun-dried tomato, croutons, and dried fruits)	14.00€
Chef's Salad (Mixed greens and arugula seasoned, flambéed shrimp, feta cheese, house pesto, and dried fruits)	16.00€

Kids

Chicken Fillets (Chicken fillet dish with French fries and white rice)	9.50€
Bolognese (Tagliarini pasta with beef Bolognese sauce)	10.50€

Curry

Vegetable Curry (Thai red curry with sautéed vegetables, fruits, and dried fruits)	16.00€
Chicken Curry (Thai red curry with chicken cubes and sun-dried tomato, white rice, and dried fruits)	19.00€
Shrimp Curry (Thai red curry with shrimp, wild rice, and dried fruits)	23.00€

Side Dishes

Rice with Beans (contains cubes of bacon and sausage)	3.50€
French Fries	2.50€
Fried Egg	2.00€
Mixed Salad	3.50€
Rice Bowl	4.00€
Vegetable Bowl	4.00€

Meat

Grilled Aged Meat (Sirloin, ribeye, or striploin, sautéed mushrooms with shrimp, and French fries)	28.00€
Rump Steak (Grilled picanha with mixed bean rice with bacon and sausage, fruits, and French fries)	19.00€
Pork Cheeks (Braised pork cheek, white rice, vegetables, and French fries)	16.00€
"Bitoque" Merkado Style (Beef steak, fried egg with cheese, bacon, white rice, ham, and French fries)	13.00€
"Bife à Merkado" Style Steak (Grilled striploin steak, shrimp, caramelized onions, and French fries)	19.00€

Fish

Chef's Black Rice (Sautéed shrimp with pineapple, honey, and nuts, black rice stuffed with gorgonzola cheese)	18.00€
President's Codfish (Shredded codfish, wrapped in cream sauce, gratin carrot with cornbread, shrimp and mixed salad)	15.00€
Shrimp Merkado Style (Shrimp with olive oil, garlic, and cilantro sauce, white rice, and French fries)	16.00€
Shrimp "Moqueca" (Shrimp "moqueca" with coconut milk and palm oil-based sauce, white rice)	19.00€
Octopus "à Lagareiro" with Shrimp (Boiled octopus, oven-baked, punched potatoes, vegetables, shrimp, garlic, and olive oil)	21.00€
Seabass (On request) (On request . Charcoal-grilled, vegetables, and boiled potatoes)	18.00€
Sea Bream (On request) (On request . Charcoal-grilled, vegetables, and boiled potatoes)	15.00€

Pasta

Algarvian Black Linguini (Black squid ink linguini with shrimp, baby squid, house pesto, cilantro, and parmesan cheese)	19.00€
Tagliatelle with Curry Sauce (Tagliatelle pasta with cream and curry sauce. <i>Options: meat or vegetables</i>)	16.00€
Garlic "Taiadela" with Mushrooms (Garlic tagliatelle with mushrooms, fresh parsley, and pesto)	16.00€
Del Capo Tagliatelle (Tagliatelle pasta with shrimp, lemon sauce, cream, and grated cheese)	19.00€
Talharim (Tagliarini pasta with white sauce, chicken, mushrooms, bacon, cilantro, and parmesan cheese)	16.00€

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Merġado



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Petiscos

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Moelas	7.50€
Batatas Fritas	2.50€
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Gambas à Guilho (Camarão salteado c. alho e azeite)	10.00€
Amêijoia (Amêijoia da Lagoa, azeite, alho e coentros)	15.00€
Berbigão (Berbigão da Lagoa, azeite, alho e coentros)	10.50€
Ovos Desmanchados com Farinheira (Ovos fritos desmanchados c. farinha, cubos de bacon, salsa coentros)	8.00€

Sandes

Sandes Mista (Pão regional, queijo, fiambre e manteiga)	2.70€
Sandes de Fiambre (Pão regional, fiambre e manteiga)	2.50€
Sandes de Queijo (Pão regional, queijo e manteiga)	2.50€
Sandes de Ovo Mexido (Pão regional e ovos mexidos)	2.70€
Pão com Manteiga (Pão regional e manteiga)	1.50€

Toastas

Tosta Mista (Pão de forma, queijo, fiambre e manteiga)	8.00€
Tosta de Queijo (Pão de forma, queijo e manteiga)	7.00€
Tosta de Fiambre (Pão de forma, fiambre e manteiga)	7.00€
Torrada (Pão de forma e manteiga)	2.20€

Café

Café	1.10€
Descafeinado	1.00€
Abatanado	1.20€
Chá	1.50€
Meia de Leite	1.70€
Galão	1.90€
Café Duplo	3.00€
Capuccino	3.00€
Chocolate Quente	3.00€

Pregos e Bifanas

Prego Simples (Pão regional e carne de vaca frita)	7.50€
Prego XL (Pão regional, carne de vaca frita, fiambre, queijo, bacon, ovo estrelado e batata frita)	10.50€
Bifana Simples (Pão regional e carne de porco frita)	6.50€
Bifana XL (Pão regional, carne de porco frita, fiambre, queijo, bacon, ovo estrelado e batata frita)	9.50€

Bolos

Bolo Caseiro (Fatia)	3.50€
Pastel de Nata	1.50€
Donuts	1.50€

Bebidas

Néctares	1.80€
Luso Limão	1.80€
Água Luso 50cl	1.20€
Água Luso 1.5l	1.70€
Refrigerantes	2.00€
Sumo de Laranja Natural	4.00€

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Gizzards	7.50€
French Fries	2.50€
Tuscan Sausage (Fried sausage with garlic and olive oil)	8.00€
Garlic Shrimp (Sautéed shrimp with garlic and olive oil)	10.00€
Clam (Lagoon clam with olive oil, garlic, and coriander)	15.00€
Cockle (Lagoon cockle with olive oil, garlic, and coriander)	10.50€
Scrambled Eggs with Smoked Sausage (Scrambled eggs with smoked sausage, bacon cubes, parsley, and coriander)	8.00€

Sandwich

Mixed Sandwich (Local bread, cheese, ham, and butter)	2.70€
Ham Sandwich (Local bread, ham, and butter)	2.50€
Cheese Sandwich (Local bread, cheese, and butter)	2.50€
Scrambled Egg Sandwich (Local bread and scrambled eggs)	2.70€
Bread with Butter (Local bread and butter)	1.50€

Toasts

Mixed Toastie (White bread, cheese, ham, and butter)	8.00€
Cheese Toastie (White bread, cheese, and butter)	7.00€
Ham Toastie (White bread, ham, and butter)	7.00€
Toast (White bread and butter)	2.20€

Coffee

Coffee	1.10€
Decaf	1.00€
Black Coffee with a Little Milk	1.20€
Tea	1.50€
Café au Lait	1.70€
Galão (Coffee with Milk)	1.90€
Double Espresso	3.00€
Cappuccino	3.00€
Hot Chocolate	3.00€

Pregos and Bifanas

Simple Steak Sandwich (Local bread and fried beef)	7.50€
XL Steak Sandwich (Local bread, fried beef, ham, cheese, bacon, fried egg, and French fries)	10.50€
Simple Pork Sandwich (Local bread and fried pork)	6.50€
XL Pork Sandwich (Local bread, fried pork, ham, cheese, bacon, fried egg, and French fries)	9.50€

Cakes

Homemade Cake (Slice)	3.50€
Custard Tart	1.50€
Donuts	1.50€

Drinks

Nectars	1.80€
Lemon Luso (Luso brand lemon-flavored water)	1.80€
Luso Water 50cl	1.20€
Luso Water 1.5l	1.70€
Soft Drinks	2.00€
Fresh Orange Juice	4.00€

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